

75 Readings

An Anthology

Eleventh Edition

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2010

30 Yes, he said, I think that he would rather suffer anything than entertain these false notions and live in this miserable manner.

31 Imagine once more, I said, such a one coming suddenly out of the sun to be replaced in his old situation; would he not be certain to have his eyes full of darkness?

32 To be sure, he said.

33 And if there were a contest, and he had to compete in measuring the shadows with the prisoners who had never moved out of the den, while his sight was still weak, and before his eyes had become steady (and the time which would be needed to acquire this new habit of sight might be very considerable), would he not be ridiculous? Men would say of him that up he went and down he came without his eyes; and that it was better not even to think of ascending and if any one tried to loose another and lead him up to the light, let them only catch the offender, and they would put him to death.

34 No question, he said.

35 This entire allegory, I said, you may now append, dear Glaucon, to the previous argument; the prison-house is the world of sight, the light of the fire is the sun, and you will not misapprehend me if you interpret the journey upwards to be the ascent of the soul into the intellectual world according to my poor belief, which, at your desire, I have expressed—whether rightly or wrongly God knows. But, whether true or false, my opinion is that in the world of knowledge the idea of good appears last of all, and is seen only with an effort; and, when seen, is also inferred to be the universal author of all things beautiful and right, parent of light and of the lord of light in this visible world, and the immediate source of reason and truth in the intellectual; and that this is the power upon which he who would act rationally either in public or private life must have his eye fixed.

36 I agree, he said, as far as I am able to understand you.

37 Moreover, I said, you must not wonder that those who attain to this beatific vision are unwilling to descend to human affairs; for their souls are ever hastening into the upper world where they desire to dwell; which desire of theirs is very natural, if our allegory may be trusted.

38 Yes, very natural.

And is there anything surprising in one who passes from divine 39 contemplations to the evil state of man, misbehaving himself in a ridiculous manner; if, while his eyes are blinking and before he has become accustomed to the surrounding darkness, he is compelled to fight in courts of law, or in other places, about the images or the shadows of images of justice, and is endeavoring to meet the conceptions of those who have never yet seen absolute justice?

Anything but surprising, he replied.

Anyone who has common sense will remember that the 40 bewilderments of the eyes are of two kinds, and arise from two causes, either from coming out of the light or from going into the light, which is true of the mind's eye, quite as much as of the bodily eye; and he who remembers this when he sees anyone whose vision is perplexed and weak, will not be too ready to laugh; he will first ask whether that soul of man has come out of the brighter life, and is unable to see because unaccustomed to the dark, or having turned from darkness to the day is dazzled by excess of light. And he will count the one happy in his condition and state of being, and he will pity the other; or, if he have a mind to laugh at the soul which comes from below into the light, there will be more reason in this than in the laugh which greets him who returns from above out of the light into the den.

That, he said, is a very just distinction.

c. 373 B.C.

Am I Blue?

Alice Walker

For about three years my companion and I rented a small house in 1 the country that stood on the edge of a large meadow that appeared to run from the end of our deck straight into the mountains. The mountains, however, were quite far away, and between us and them there was, in fact, a town. It was one of the many pleasant aspects of the house that you never really were aware of this.

2 It was a house of many windows, low, wide, nearly floor to ceiling in the living room, which faced the meadow, and it was from one of these that I first saw our closest neighbor, a large white horse, cropping grass, flipping its mane, and ambling about—not over the entire meadow, which stretched well out of sight of the house, but over the five or so fenced-in acres that were next to the twenty-odd that we had rented. I soon learned that the horse, whose name was Blue, belonged to a man who lived in another town, but was boarded by our neighbors next door. Occasionally, one of the children, usually a stocky teenager, but sometimes a much younger girl or boy, could be seen riding Blue. They would appear in the meadow, climb up on his back, ride furiously for ten or fifteen minutes, then get off, slap Blue on the flanks, and not be seen again for a month or more.

3 There were many apple trees in our yard, and one by the fence that Blue could almost reach. We were soon in the habit of feeding him apples, which he relished, especially because by the middle of summer the meadow grasses—so green and succulent since January—had dried out from lack of rain, and Blue stumbled about munching the dried stalks half-heartedly. Sometimes he would stand very still just by the apple tree, and when one of us came out he would whinny, snort loudly, or stamp the ground. This meant, of course: I want an apple.

4 It was quite wonderful to pick a few apples, or collect those that had fallen to the ground overnight, and patiently hold them, one by one, up to his large, toothy mouth. I remained as thrilled as a child by his flexible dark lips, huge, cubelike teeth that crunched the apples, core and all, with such finality, and his high, broadbreasted *enormity*; beside which, I felt small indeed. When I was a child, I used to ride horses, and was especially friendly with one named Nan until the day I was riding and my brother deliberately spooked her and I was thrown, head first, against the trunk of a tree. When I came to, I was in bed and my mother was bending worriedly over me; we silently agreed that perhaps horseback riding was not the safest sport for me. Since then I have walked, and prefer walking to horseback riding—but I had forgotten the depth of feeling one could see in horses' eyes.

I was therefore unprepared for the expression in Blue's. Blue 5 was lonely. Blue was horribly lonely and bored. I was not shocked that this should be the case; five acres to tramp by yourself, endlessly, even in the most beautiful of meadows—and his was—cannot provide many interesting events, and once rainy season turned to dry that was about it. No, I was shocked that I had forgotten that human animals and nonhuman animals can communicate quite well; if we are brought up around animals as children we take this for granted. By the time we are adults we no longer remember. However, the animals have not changed. They are in fact *completed* creations (at least they seem to be, so much more than we) who are not likely to change; it is their nature to express themselves. What else are they going to express? And they do. And, generally speaking, they are ignored.

After giving Blue the apples, I would wander back to the 6 house, aware that he was observing me. Were more apples not forthcoming then? Was that to be his sole entertainment for the day? My partner's small son had decided he wanted to learn how to piece a quilt; we worked in silence on our respective squares as I thought . . .

Well, about slavery: About white children, who were raised by 7 black people, who knew their first all-accepting love from black women, and then, when they were twelve or so, were told they must "forget" the deep levels of communication between themselves and "mammy" that they knew. Later they would be able to relate quite calmly, "My old mammy was sold to another good family." "My old mammy was _____." Fill in the blank. Many more years later a white woman would say: "I can't understand these Negroes, these blacks. What do they want? They're so different from us."

And about the Indians, considered to be "like animals" by the 8 "settlers" (a very benign euphemism for what they actually were), who did not understand their description as a compliment.

And about the thousands of American men who marry 9 Japanese, Korean, Filipina, and other non-English-speaking women and of how happy they report they are, "blissfully," until their brides learn to speak English, at which point the marriages tend to fall apart. What then did the men see, when they looked

into the eyes of the women they married, before they could speak English? Apparently only their own reflections.

10 I thought of society's impatience with the young. "Why are they playing the music so loud?" Perhaps the children have listened to much of the music of oppressed people their parents danced to before they were born, with its passionate but soft cries for acceptance and love, and they have wondered why their parents failed to hear.

11 I do not know how long Blue had inhabited his five beautiful, boring acres before we moved into our house; a year after we had arrived—and had also traveled to other valleys, other cities, other worlds—he was still there.

12 But then, in our second year at the house, something happened in Blue's life. One morning, looking out the window at the fog that lay like a ribbon over the meadow, I saw another horse, a brown one, at the other end of Blue's field. Blue appeared to be afraid of it, and for several days made no attempt to go near. We went away for a week. When we returned, Blue had decided to make friends and the two horses ambled or galloped along together, and Blue did not come nearly as often to the fence underneath the apple tree.

13 When he did, bringing his new friend with him, there was a different look in his eyes. A look of independence, of self-possession, of inalienable *horseness*. His friend eventually became pregnant. For months and months there was, it seemed to me, a mutual feeling between me and the horses of justice, of peace. I fed apples to them both. The look in Blue's eyes was one of unabashed "this is *itness*."

14 It did not, however, last forever. One day, after a visit to the city, I went out to give Blue some apples. He stood waiting, or so I thought, though not beneath the tree. When I shook the tree and jumped back from the shower of apples, he made no move. I carried some over to him. He managed to half-crunch one. The rest he let fall to the ground. I dreaded looking into his eyes—because I had of course noticed that Brown, his partner, had gone—but I did look. If I had been born into slavery, and my partner had been sold or killed, my eyes would have looked like that. The children next door explained that Blue's partner had been "put with him"

(the same expression that old people used, I had noticed, when speaking of an ancestor during slavery who had been impregnated by her owner) so that they could mate and she conceive. Since that was accomplished, she had been taken back by her owner, who lived somewhere else.

Will she be back? I asked.

They didn't know.

Blue was like a crazed person. Blue *was*, to me, a crazed person. He galloped furiously, as if he were being ridden, around and around his five beautiful acres. He whinnied until he couldn't. He tore at the ground with his hooves. He butted himself against his single shade tree. He looked always and always toward the road down which his partner had gone. And then, occasionally, when he came up for apples, or I took apples to him, he looked at me. It was a look so piercing, so full of grief, a look so *human*, I almost laughed (I felt too sad to cry) to think there are people who do not know that animals suffer. People like me who have forgotten, and daily forget, all that animals try to tell us. "Everything you do to us will happen to you; we are your teachers, as you are ours. We are one lesson" is essentially it, I think. There are those who never once have even considered animals' rights: Those who have been taught that animals actually want to be used and abused by us, as small children "love" to be frightened, or women "love" to be mutilated and raped. . . . They are the great-grandchildren of those who honestly thought, because someone taught them this: "Women can't think," and "niggers can't faint." But most disturbing of all, in Blue's large brown eyes was a new look more painful than the look of despair: The look of disgust with human beings, with life; the look of hatred. And it was odd what the look of hatred did. It gave him, for the first time, the look of a beast. And what that meant was that he had put up a barrier within to protect himself from further violence; all the apples in the world wouldn't change that fact.

And so Blue remained, a beautiful part of our landscape, very peaceful to look at from the window, white against the grass. Once a friend came to visit and said, looking out on the soothing view: "And it *would* have to be a *white* horse; the very image of freedom." And I thought, yes, the animals are forced to

become for us merely "images" of what they once so beautifully expressed. And we are used to drinking milk from containers showing "contented" cows, whose real lives we want to hear nothing about, eating eggs and drumsticks from "happy" hens, and munching hamburgers advertised by bulls of integrity who seem to command their fate.

- ¹⁹ As we talked of freedom and justice one day for all, we sat down to steaks. I am eating misery, I thought, as I took the first bite. And spit it out.

1986

Body Ritual among the Nacirema

Horace Miner

- ¹ The anthropologist has become so familiar with the diversity of ways in which different peoples behave in similar situations that he is not apt to be surprised by even the most exotic customs. In fact, if all of the logically possible combinations of behavior have not been found somewhere in the world, he is apt to suspect that they must be present in some yet undescribed tribe. This point has, in fact, been expressed with respect to clan organization by Murdock.¹ In this light, the magical beliefs and practices of the Nacirema present such unusual aspects that it seems desirable to describe them as an example of the extremes to which human behavior can go.
- ² Professor Linton first brought the ritual of the Nacirema to the attention of anthropologists twenty years ago, but the culture of this people is still very poorly understood. They are a North American group living in the territory between the Canadian Cree, the Yaqui and Tarahumare of Mexico, and the Carib and Arawak of the Antilles.² Little is known of their origin, although tradition states that they came from the east. . . .

¹American anthropologist George Peter Murdock, authority on primitive cultures.

²Native American tribes formerly inhabiting the Saskatchewan region of Canada, the Sonora region of Mexico, and the West Indies.

Nacirema culture is characterized by a highly developed ³ market economy which has evolved in a rich natural habitat. While much of the people's time is devoted to economic pursuits, a large part of the fruits of these labors and a considerable portion of the day are spent in ritual activity. The focus of this activity is the human body, the appearance and health of which loom as a dominant concern in the ethos of the people. While such a concern is certainly not unusual, its ceremonial aspects and associated philosophy are unique.

The fundamental belief underlying the whole system ⁴ appears to be that the human body is ugly and that its natural tendency is to debility and disease. Incarcerated in such a body, man's only hope is to avert these characteristics through the use of the powerful influences of ritual and ceremony. Every household has one or more shrines devoted to this purpose. The more powerful individuals in the society have several shrines in their houses and, in fact, the opulence of a house is often referred to in terms of the number of such ritual centers it possesses. Most houses are of wattle and daub construction, but the shrine rooms of the more wealthy are walled with stone. Poorer families imitate the rich by applying pottery plaques to their shrine walls.

While each family has at least one such shrine, the rituals ⁵ associated with it are not family ceremonies but are private and secret. The rites are normally only discussed with children, and then only during the period when they are being initiated into these mysteries. I was able, however, to establish sufficient rapport with the natives to examine these shrines and to have the rituals described to me.

The focal point of the shrine is a box or chest which is built ⁶ into the wall. In this chest are kept the many charms and magical potions without which no native believes he could live. These preparations are secured from a variety of specialized practitioners. The most powerful of these are the medicine men, whose assistance must be rewarded with substantial gifts. However, the medicine men do not provide the curative potions for their clients, but decide what the ingredients should be and then write them down in an ancient and secret language. This writing is